

Welcome to Stanley Park and the GetGoing! running route.

This park offers you a 3K route way marked by posts holding the GetGoing! logo so keep your eyes peeled. Travelling in a clockwise direction around the internal paths of the park the route is ideal for both beginners and advanced runners with some incline and decline sections to test your footwork. Why not have a quick read of our GetGoing! Tips section before you set off on your run, enjoy!

Find GetGoing! Routes in parks across Liverpool at runengland.org/routes

Calderstones Park, Croxteth Hall, Country Park, Everton Park, Garston Park, Newsham Park, Otterspool Promenade, Sefton Park, Walton Hall Park and Wavertree Park.

Need more support to GetGoing! Find a group to run with at: runengland.org/groups

YOU ARE HERE



23 posts 2 lecterns

Stanley Park, Anfield Road, L4 0TD